# North Dakota WIC Program Formula Issuance Guide

#### Standard Contract Infant Formulas - Enfamil Infant, ProSobee, Gentlease and A.R.

- These formulas will be given unless a physician diagnoses a medical condition that warrants a ND WIC
  approved special formula.
- A medical documentation form must be completed to issue to women and children over one year of age.

#### **Not Allowable Standard Infant Formulas**

- These formulas are not allowed for any reason.
  - o Enfamil Enspire
  - o Enfamil Newborn
  - Enfamil Non-GMO Enfagrow Next Step, Gentlease, Infant, Newborn
  - o Enfamil Reguline
  - o Enfamil for Supplementing
  - Gerber Good Start Gentle (stage 1 or 2)
  - Gerber Good Start Gentle for Supplementing
  - Gerber Good Start Grow (stage 3)
  - Gerber Good Start Soothe (stage 1 or 2)
  - o Gerber Good Start Soy (stage 1 or 3)

- Similac Advance and Non-GMO
- o Similac for Diarrhea
- o Similac Go & Grow (Non-GMO, Sensitive, Vanilla)
- o Similac Organic
- Similac Sensitive and Non-GMO
- o Similac for Spit-Up and Non-GMO
- o Similac Soy Isomil
- o Similac for Supplementation Non-GMO
- o Similac Total Comfort and Non-GMO
- All store brand formulas (ex. Parent's Choice)

## Special Formulas and Nutritionals (Medical Foods)

- A medical documentation form must be completed to issue these products to all participants.
- Reasons such as "colic", "spitting up", or "formula intolerance" will not be accepted as a medical diagnosis.
- Some of these formulas/nutritionals include:
  - o EleCare
  - o Enfamil EnfaCare
  - Enfagrow Toddler Transitions, Toddler Transitions Gentlease and Toddler Transitions Soy
  - Neocate Infant with DHA/ARA
  - Nutramigen with Enflora LGG
  - o PediaSure
  - o Pregestimil
  - o Similac Alimentum
- For a complete list of approved special formulas and nutritionals, use the ND WIC Formula Product Guide.
- If a prescribed special formula/nutritional is not listed in the ND WIC Formula Product Guide or in LegeNDS, contact the state office. The WIC Works Resource System's Formula Database

  (<a href="https://wicworks.fns.usda.gov/wic-formula">https://wicworks.fns.usda.gov/wic-formula</a>) can also be used to find out if a special formula/nutritional is WIC-approved nationally. Then contact the state office to find out if it is approved by ND WIC.

### Ready-to-Feed Formula

- Ready-to-feed formula can only be issued for the following reasons:
  - o Unsanitary, contaminated, or restricted water supply or poor refrigeration
  - o Homeless family with no access to refrigeration, clean water, etc.
  - Special formula ordered by a physician is available only as a ready-to-feed formula.
  - The infant's care provider may have difficulty diluting the liquid concentrate or powder formula.
- If a ready-to-feed formula is needed, please contact the State office for approval.
- Documentation of the approved reason must be entered in LegeNDS before issuance.